



FACE	30 min	60 min	add on
exhale power		\$225	\$80
exhale true	\$95	\$145	
pure		\$120	
cool beam	\$125	\$200	\$55
lift		\$200	\$55
ultrasonic		\$200	\$55
brighten		\$195	\$50
smart peel		\$195	\$50
z peel		\$195	\$50
men's		\$155	
back		\$155	
skincare revolution <i>packages starting at \$700</i>			

BODY (massage)	30 min	60 min	90 min
exhale flow		\$145	\$195
fusion	\$95	\$130	\$180
couples fusion		\$260	\$360
deep tissue	\$110	\$145	\$195
couples deep tissue		\$290	\$390
prenatal massage		\$130	
om body therapy "tui na"	\$95	\$135	
four handed fusion		\$260	
shiatsu		\$145	
acupuncture massage		\$150	
craniosacral therapy		\$145	
reflexology	\$110		

BODY (acupuncture + energetic therapies)

	30 min	60 min	90 min
acupuncture	\$100	\$150	\$200
cupping	\$100	\$150	
reiki		\$135	
vibrational therapy	\$100	\$150	
exhale essentials	\$100	\$150	
acu-organ detox		\$150	

BODY (specialty body therapies + scrubs)

	30 min	60 min	add on
power body detox		\$190	
glow body scrub		\$150	

NAILS

pure manicure	\$30
pure pedicure	\$55
extended wear manicure add on only	\$15
extended wear pedicure add on only	\$15
paraffin add on only	\$15
french tips add on only	\$10
express manicure (polish change)	\$15
express pedicure (polish change)	\$15
shellac/gel removal add on only	\$5

BROWS, LASHES + WAXING

eyes

brow waxing	\$40	brow tinting	\$25
brow tweezing	\$40	lash tinting	\$25

body waxing

lip	\$20	arm	\$50
chin	\$20	chest	\$60
cheek	\$30	back	\$70
leg (lower)	\$50	bikini (basic)	\$35
leg (upper)	\$55	bikini (full)	\$55
leg (full)	\$80	bikini (brazilian)	\$80
underarm	\$30		

-All spa therapies can be purchased in a pre-paid series of six at a 25% discount.
 -Members receive 20% off all spa therapies.
 -We would be happy to provide select spa therapies in-room upon request.
 Price will include a 25% in-room surcharge and 20% gratuity.



mind body class pricing	core fusion	yoga
single	\$37	\$26
package of five	\$170	\$125
package of ten	\$315	\$240
package of twenty	\$580	\$415

private training + stretching

core fusion 30 min 60 min	\$55 \$109*
yoga 30 min 60 min	\$55 \$109*
thai stretching 60 min	\$109

*Price is for non-member single sessions.
 -Discounts available for members and package purchases.



day of restoration \$310
 Includes a 60-minute True Facial, 60-minute Fusion Massage, Pure Manicure, and Pure Pedicure

nutrition + wellness
 initial consultation \$190
 follow up session 30 min | 60 min \$80 | \$150
 series of six available at a 25% discount

fertility program (the berkley method)
 initial consultation 90 min \$250
 follow up session 30 min \$135

6 week core evolution \$925 | members \$475
 Includes one initial nutrition consultation, five 30-minute follow up nutrition sessions, six weeks of unlimited mind body classes, and discounts on spa therapies and wellbeing boutique purchases.

skincare revolution starting at \$700
 Includes one initial skin evaluation, a series of 4-12 facials based on your skin care needs, and 25% off all product purchases made during your program.

acupuncture for weight loss starting at \$340
 Includes four acupuncture sessions, and the option for additional add ons.

bridal boot camp 6-week starting at \$680
 12-week starting at \$975
 add six Core Contouring sessions for addition \$500
 Includes unlimited mind body classes, weekly check-ins with Mind Body Manager, series of facials, a 60-minute Fusion Massage, a private group Mind Body class, and discounts on Rent the Runway, and BluePrintCleanse.

MONTHLY MEMBERSHIP OPTIONS

Spa and mind body memberships are available. Call for details and pricing.



revive. restore. exhale.